

EXTENSION & COMMUNITY ASSOCIATION (ECA) - GASTON COUNTY

November 2019 Newsletter

MONTHLY CLUB MEETING (NEW TIME)

Thurs., November 7th | 10:00am - 11:30am

All members and guests are invited to attend this monthly member meeting.

EXECUTIVE BOARD MEETING

Thurs., November 21st | 10:00am - 11:30am

All board members are requested to attend - please contact Pam Myers or Pam Bryson if you are unable to attend. This meeting is open to all members, but only Executive Board members can vote during this time. Also, any member who would like to have an issue discussed at the monthly meeting (November 7th) is encouraged to attend this Executive Board meeting.

BUILDING CLOSINGS

- Mon., November 11th - Veterans Day
- Thurs. & Fri., November 28th & 29th - Thanksgiving Holiday

OFFICE COVERAGE NEEDED

Please contact Pam Bryson if you can assist with coverage - your help is greatly appreciated:

- Friday, November 8th: annual leave

ECA 2020 MEMBERSHIP DUES

Membership dues (\$20) and applications are to be submitted individually to Pam Bryson, ECA Liaison. The deadline for submission was October 15th - please submit asap if you have not already done so.

BUILDING ENTRANCE REMINDERS

- Volunteers and guests should utilize the front door entrance, which has been updated to accommodate handicap accessibility.
- The back door remains an "Employee Only" entrance. Carts are available if you need assistance in transporting items from your car to the inside of the building. Also, keeping the back door open (such as during loading/unloading cars) causes the building's temperature to change, which is especially uncomfortable during the cooler seasons.
- Please do not use the side door as an entrance - this is often an interruption to meetings and workshops being held in the Multi-Purpose room.

COTTON GINNING DAYS & SOMETHIN' PUMPKIN

Many thanks to all ECA volunteers who supported ECA's craft booth at Cotton Ginning Days and family activities at Somethin' Pumpkin. Both events required lots of volunteer assistance and you are greatly appreciated. To all ECA members who helped at Cotton Ginnings days - thank you from your president and executive board. To the members who assisted with Somethin' Pumpkin - thank you from Pam Bryson and Linda Minges.



ECA's 2019 Cotton Ginning Booth



Somethin' Pumpkin Family Activities



**Winner Betty Bollings(on left) won the Afghan raffled by
The Creative Needlers at Cotton Ginning Days**

UPCOMING WORKSHOPS

Workshop Registration Information:

1. Pre-registration including payment of registration fees is required by the registration deadline. **If you have not registered by the deadline you cannot take the class.** Registration form should be completed and dropped off or mailed to the Lucile Tatum Center. **Note: Check only, made payable to Gaston Co. ECA no cash is accepted.**
2. Refunds for participant cancellations made after the registration deadline will not be provided.
3. Please note that class location, time, and fees vary with each class.
4. For accommodations for persons with disabilities, contact 704.865.3291 within five business days before the event.
5. Be respectful of the "Fragrance Free" Policy at the Lucile Tatum Center. Do not wear fragrances - no perfumes, scented locations, body sprays, aftershave, etc.
6. "Gaston County strives to ensure that people with disabilities have an equal opportunity to access its programs, services and activities. If you will require assistance to participate in a program, service or activity of Gaston County, we request that you contact our office at least 5 business days before the event."

Shirt Front Apron: Tuesday, Nov. 5th

Time: 5:30pm - 8:30pm | \$6 - ECA members; \$8 - non-ECA members

Registration Deadline: Oct. 29th
Instructor: Patti Wells

This is a delightful, fun and practical apron made from a man's dress shirt or casual shirt. Bring one you salvage or order one from the instructor. Basic knowledge of machine sewing is required - know how to sew a straight stitch! This would make a great gift for a cook.

Supplies needed: man's cotton shirt (button down front), scissors, straight pins, thread for sewing machine

Charlotte Skyline with American Flag Sky: Wednesday, Nov. 6th
Time: 6:00pm - 9:30pm | \$5 - ECA members; \$7 - non ECA members
Registration Deadline: Nov. 4th
Instructor: Pamela Myers

Charlotte celebrates the Fourth! Come paint a sky full of America with the Charlotte skyline. Bring an 11x14 canvas, 1" flat brush, 1/2" or 3/4" flat brush and a small round brush, and a water container. Paint will be provided.



Baby Quilts: Friday, Nov. 8th
Time: 1:30pm - 4:30pm & 6:30pm - 8:30pm (soup at 5pm) | No Cost
Registration Deadline: Nov. 5th
Instructor: Linda Jozwiakowski and the Quiltmakers Special Interest Group
We will work on making the tops of quilts for CaroMont's neonatal unit. We will work in assembly line style with some people picking out fabrics and cutting. Others pinning, others sewing, some ironing. EVEN IF YOU DON'T SEW, THERE WILL BE A JOB THAT YOU CAN WORK ON TO HELP WITH THIS PROJECT! COME AND STAY AS LONG AS YOU CAN. We will have soup and crackers, etc. at 5:00. Hope you can help at this workshop and stay for fellowship with this meal.

Supplies needed: bring scissors, straight pins, if have, rotary cutters and rulers.

Angel and Christmas Tree Earrings: Wednesday, Nov. 13th
Time: 5:30pm - 8:30pm | \$8 - ECA members; \$10- non ECA Members
Registration Deadline: Nov. 12th
Instructor: Pam Davis

Create a pair of Christmas earrings to give to a friend or enjoy for yourself! You select either angels or Christmas tree earrings to make. Actually you may decide to make a second pair - second pair of earrings is \$7.00! We can share tools so if you are a beginner at jewelry, you can still enjoy this class! Bring tools for jewelry-making if you have them. We will share the pliers if you don't have any.

Day Trip: Gingerbread House Display - Grove Park Inn, Asheville: Wednesday, Nov. 20th
Time: 9:00am - 4:30pm | Cost to cover parking cost - \$30 plus tip per car.
Maximum 6, including driver! (more if we have another car/driver)
Registration Deadline: Nov. 14th
Facilitator: Linda Jozwiakowski

(Be aware that if we get 6 signed up, two will be in the far back seat of van - a little harder to get in and out of the car.)

Amazing creations with categories for adults and children. In past years there have been castles, sleighs, carousel horses made from gingerbread, candy, frosting, etc. Afterwards we will stop at a restaurant for lunch before heading home. Every year has different and amazing examples of creative talent at all ages. We are going on the first day it is open for display so that displays are at their best.

Microwave Bowl Holder: Tuesday, Nov. 19th

Time: 5:30pm - 9:30pm | \$6- ECA members; \$8- non ECA members

Registration Deadline: Nov. 5th

Instructor: Patti Wells

This quick and easy class will create a great practical addition to your kitchen or make a great gift. Putting your bowl of soup or vegetables in a bowl caddy before you put the bowl in the microwave gives you a safe way to lift the bowl out of the microwave protecting your fingers from the hot food. You will create two bowl "cozies" - one for you and one for a gift!

Supplies needed: Rotary cutter or scissors, straight pins, and snips. Fabric, batting and thread will be provided for this class.

Day Trip: Cooking Class - NC State University, Raleigh: Saturday, Nov. 16th

Time: 7:00am-5:00pm | \$20 - ECA members; \$20 - Non ECA members

Registration Deadline: Nov. 1st

Instructor: Geri Bushel, State ECA Advisor

Contact: Linda Jozwiakowski

Depending on time, we may stop on the way up or back for food. Lunch is part of our class! Bring money if we do stop at least for a snack. We have a unique opportunity to take a class in the new state of the art demonstration kitchen at the N.C. State University in Raleigh! We will start with a tour of the Raleigh Farmers Market. Our State Advisor, Geri Bushel, will show us some of the favorite vendors used by some of the NC State staff. Then, Geri will take us on a tour of the new state demonstration and testing kitchen before she demonstrates cooking some healthy recipes for our lunch. Our job will be to prepare a variety of salad dressings to use with lunch. Geri is teaching this class (and providing a great lunch) so we can use the information in our ECA program in Gastonia. We will take home practical, hands-on skills with the salad dressings plus information and recipes from Geri's lunch. The group will brainstorm to see how we can use the information we receive to provide education in our community service projects.

We may decide to provide a class at the Home Center, use the recipes and information at the Farmers Market, or take it to a senior apartment complex for a program. The "team" who goes to Raleigh will decide the best way for us to implement this program! Because we will be using the information to enhance our ECA community service, David Fogarty, our Extension Director, is providing funds for transportation!. It is difficult to make arrangements to hold a class like this so don't think you will do it next time! This will probably be a one time only opportunity!

Book Club Meeting: Monday, Nov. 18th

Time: 6:30pm | Free

Registration Deadline: none

Meets at member's home

Facilitator: Pamela Myers

Registration deadline: None - contact 704.861.9328 or pcmyers2013@hotmail.com or Linda Jozwiakowski (704.866.7677)

We're going classic this month! The book club selection for November is *Jane Eyre* by Charlotte Brontë. Widely regarded as a revolutionary novel, Brontë's masterpiece introduced the world to a radical new type of heroine, one whose defiant virtue and moral courage departed sharply from the more acquiescent and malleable female characters of the day. Passionate, dramatic, and surprisingly modern, *Jane Eyre* endures as one of the world's most beloved novels

Santa's Workshop: Tuesday, Dec. 3rd

Time: 5:30pm - 9:30pm | \$6 - ECA members; \$8 - Non ECA members

Registration Deadline: Nov. 27th

Instructor: Linda Jozwiakowski

Supplies Needed: List available when you register for the class of your choice - most supplies are included in registration fee.

It's time for Santa's elves to get to work to be ready for Christmas! We have a selection of four different gifts you can make - you pick which one you want to register to make:

- Christmas tree quilted block
- Exfoliating sugar scrub
- Gnome
- Set of painted tile coasters

Join us for a quick meal and get to work! Be sure to check our display at the Lucile Tatum Center in November for all four items that will be available for Santa's Workshop! If you finish one and want to go to another Santa's helper station, you just pay an additional \$4.00 for the next gift!

Day Trip: Tour of Korner's Folly, Kernersville: Friday, Dec. 6th

Time: 8:00am - 4:00pm approx. | \$11- ECA members; \$11-Non ECA members

Registration Deadline: Dec. 3rd

Instructor: Linda Jozwiakowski

A newspaper account recently declared Korner's Folly as the best kept secrets in the Triad. This 1880 house has 22 rooms over 7 levels and 3 floors open for self-guiding tours. In December, the house is decorated for the holidays to add to our enjoyment. Ninety percent of the furnishing and details are original - partly due to the fact that the furniture is oversized and was built in the house! We will enjoy a dutch-treat lunch in a local restaurant in Kernersville before we head back to Gastonia.

Christmas Pillowcase: Monday, Dec. 9th

Time: 6:00pm - 8:30pm | \$5- ECA members; \$7-Non ECA members

Registration Deadline: Dec. 5th

Instructor: Cindy Miller and Patti Wells

Special Instructions: Registration fee included the fabric for the pillowcase. Bring scissors and straight pins.

Make a Christmas themed pillowcase to cheer up a friend who is ill or delight a child with this special reminder of the holiday season! This quick and easy project gives you basic skills in using a serger while creating a great gift!

Book Club Meeting: Monday, Dec. 9th

Time: 6:30pm | Free

Registration Deadline: none

Meets at member's home

Facilitator: Pamela Myers

Registration deadline: None - contact 704.861.9328 or pcmyers2013@hotmail.com or Linda Jozwiakowski (704.866.7677)

First published in 1945, *Cannery Row* by John Steinbeck focuses on the acceptance of life as it is—both the exuberance of community and the loneliness of the individual. Steinbeck interweaves the stories of the people in this world where only the fittest survive—creating what is at once one of his most humorous and poignant works. He creates an evocative portrait of life as it is lived by those who unabashedly put the highest value on the intangibles—human warmth, camaraderie, and love.

FRIENDLY ECA REMINDERS

2019 HOLIDAY CLOSINGS:

Please mark your calendars with the following Lucile Tatum closings:

Veterans Day	November 11	Monday
Thanksgiving	November 28 & 29	Thursday & Friday
Christmas	December 24, 25, & 26	Tues-Wed-Thurs



2020 HOLIDAY CLOSINGS

Please mark your calendars with the following Lucile Tatum closings:

New Year's Day	January 1	Wednesday
MLK Birthday	January 20	Monday
Good Friday	April 10	Friday
Memorial Day	May 25	Monday
Independence Day	July 3	Friday
Labor Day	September 7	Monday
Veterans Day	November 11	Wednesday
Thanksgiving	November 26 & 27	Thursday & Friday

Christmas

December 23, 24, 25

Wed - Thurs - Fr

NEWSLETTER INFORMATION DEADLINE

The deadline to submit items for the monthly newsletter is the 10th of the month. If the 10th falls on a weekend the information is due before the 10th. Information received after the 10th will be included in the following month's newsletter.

FEELING UNDER THE WEATHER? PLEASE STAY AT HOME

For the health of ECA members, staff, and visitors please stay home when you are sick or not feeling well.

PERFUME & FRAGRANCE POLICY

For the health and comfort of our staff and volunteers, we strive to be as fragrance-free as possible. Please do not wear fragrances - no perfumes, scented locations, body sprays, aftershave, etc. This policy includes all business hours, after-hours and weekends.

DAILY HOUSEKEEPING SCHEDULE

The Lucile Tatum Center is closed daily from 12:00 - 1:00pm for servicing by cleaning personnel. Please do not ask the cleaning staff to stay in the building they do not have authorization to permit this. You must ask Pam Bryson at least a week in advance for permission to stay in the building during lunch. This will only be allowed for County functions or meetings.

INCLEMENT WEATHER POLICY

All ECA club meetings, lifestyle classes or any other ECA activity scheduled at the Lucile Tatum Center will follow the Gaston Co. School system cancellation schedule for all activities, workshops, etc. as follows:

1. *During school cancellation:* If the school system is closed during inclement weather, all ECA meetings, classes and activities will be cancelled.
2. *During school delays:* If the school system is on a delayed schedule, ECA activities not affected by the delay will continue as scheduled. If the ECA activity is scheduled prior to the beginning of the delayed school schedule - these events will be cancelled.
3. When ECA activities are cancelled, it is the ECA President's responsibility to notify members of the cancellation. The ECA Liaison will be responsible for working with program instructors to ensure that all participants are notified of delays/cancellations.

SUNSHINE VOLUNTEER

Many thanks to Betty Agerton, who has agreed to send cards to ECA members who are sick, hospitalized, or experienced the loss of a loved one. Please let Betty know if any members who are in your special interest group have the need for a card. We would appreciate it if only one person from your Special Interest Group would contact Betty. If the ECA member is not part of a special interest group, please let Pam Bryson or Pamela Myers know.

NC ECA STATE INFORMATION BOOK

There is a red book in the project room that has all the information about the NCECA included: bylaws, standing rules, current year book, general information/forms, cultural arts/forms. This book is for reviewing at the Lucile Tatum Center - please do not remove.

MONTHLY MEETING SCHEDULE

- January, February, March, October, & November: first Thursday - 10:00am
- April, May, June, August & September: first Thursday - 6:30pm
- No meeting in July
- Christmas Party in December

ECA SPECIAL INTEREST GROUPS

- Bel-Heights - 2nd Monday, 10:00am @ Presbyterian Church of Lowell (contact: Betty Willis)
- Creative Needlers – Wednesdays, 6 - 8pm @ Lucile Tatum Center (except the last Wednesday of the month); Warm Up America - Last Wednesday of the month, 6 - 8pm (contact: Ruth Ferns)
- Lucile Tatum - called meetings only (contact: Sharon Smith)
- Martha Goebel - 1st Tuesday, 10:00am (contact: Mary Upton)
- Quiltmakers - 3rd Thursday, 6:30pm (contact: Linda Jozwiakowski)
- Scrappers Unlimited - 3rd Saturday, 10:00am - 12:00pm & 2:00pm - 6:00pm (contact: Sheri Vance)

ECA 2019 PROJECTS

The following projects are ongoing and supported by all ECA clubs:

1. RADA sales: RADA cutlery sales are ongoing and proceeds are used to support ECA scholarships. Contact an ECA member to learn more! (contact: Lucy Baier)
2. Ronald McDonald House: collection of drink tabs (contact: Pam Bryson, ECA Liaison)
3. Gaston County Schools: collecting Campbell soup labels and education labels from food containers (contact: Pam Bryson, ECA Liaison)
4. First Baptist Mission Trips: collecting eyeglasses (contact: Martha Spurrier)
5. Pennies for Friendship: supports Association of Country World Women (contact: Teresa Weaver)
6. Baby Quilts & Baby Caps: making quilts and caps for infants in the neonatal intensive unit at CaroMont Regional Medical Center (contact: Gloria Snyder)
7. Surgical Pillows: sewing pillows for surgical patients of CaroMont Regional Medical Center
8. Operation Gratitude: knitting/crocheting scarves for the military (contact: Carol Dillinger)
9. Shirt Savers for Holy Angels: making shirt savers for residents – cloth/supplies purchased by Holy Angels (contact: Martha Spurrier)
10. Farmers Market Activities: local food demos provided onsite at the Gastonia Farmers' Market from May through September (contact: Linda Jozwiakowski)
11. Women's House for Habitat for Humanity
12. Catherine's House: collect supplies needed

GASTON CO. ECA EXECUTIVE BOARD 2019

President - Pamela Myers President-Elect - Patti Wells
Treasurer - Angela Nona Advisor - Mary Upton

Secretary - Ruth Ferns

Committee Chairs:

Building Committee - Martha Spurrier
Ceramic Room Committee - Rita Kincaid
Marketing Committee - Audrey Hunt
Program Committee - Linda Jozwiakowski
Scholarship Committee - Kathie Andrews

LUCILE TATUM CENTER

Location & Mailing Address: 959 Osceola St., Gastonia, NC 28054

Office Hours:

Monday - Friday | 8:30am - 5pm (closed daily from 12-1pm)

For More Information:

Pam Bryson - Gaston County ECA Liaison

Phone: 704.865.3291

Email: pam.bryson@gastongov.com

NC COOPERATIVE EXTENSION

Mailing Address: PO Box 1578, Gastonia, NC 28053

Physical Address: Citizens Resource Center, 1303 Dallas-Cherryville Hwy., Dallas, NC

Office Hours:

Monday - Friday | 8am - 5pm

For More Information:

Phone: 704.922.2111

Website: gaston.ces.ncsu.edu

NC Cooperative extension website: go.ncsu.edu/nceca

FOLLOW US ON FACEBOOK:

@gastoneca (Gaston Co. ECA)

@ExtensionHealthyLiving (NC Cooperative Extension: Nutrition & Wellness Programs)

@GastonExtension (NC Cooperative Extension)

ECA Monthly Meeting - Minutes

10/2/2019

10:03 a.m.

Pledge to the Flag

Pam Myers

Program: "Least of These"

Brody Hanacheck – Counselor of the Foster Kid Camp explain the purpose of the Organization, the programs they have for the children, the individual attention which is given to each child and the extent to which the organization goes to in protecting the children which are placed with them. He explained that people who wish to be a foster parent goes through 3 months of training before they are accepted. Each child receives a bag of Hope with their name on it which includes materials pertinent to each child's taste. Example: if the child likes a certain Disney character then their bag will have toys relative to this Disney figure. These children are also given clothes, shoes, underwear and other essentials. There are 1200 Foster Children in Gastonia and 10,000 in North

Carolina. They stay in Foster Care until age 21 if they are not adopted. Adoption only occurs when both parents give up rights to the child or the courts designate them unfit to care for the children. Donations are always welcome since each Bag of Hope costs \$200. The camp for the children in the summer costs \$271 for 2020..

Thought of the Day: Jane Falls gave a wonderful thought called Courage of Listening. Something we should all do for each other.

Approval of Minutes: Were approved.

Treasurer's report: Balance on Bank Report approved.

Update of Cookbook: Ruth Ferns explained that she has received two programs from different publishers and Angela Nona along with others will be meeting to select one of the two where we can get the best price for publishing our cookbook. Also each member will be asked to give us at least two of their favorite recipes and we shall be soliciting recipes from various Church groups, School Department, Fire departments, Police Department, Commissioners, and others in the community so we can call this a true community cookbook. Recipes can be dropped off at ECA or contact Ruth at 704-473-7742 and she will gladly pick them up if you are not able to get to ECA to drop them off.

Update on Tax ID: Pam Myers

We now have our own tax ID number and we are covered under 501©3 for tax purposes. We are required to report on our taxes just once a year on form 999. If you drop off any donations to ECA you will now receive a paper telling you it is tax deductible for your use in your taxes.

Cotton Ginning Days: Pam Myers

We have received a lot of wonderful handmade donations for both. So be sure to attend this day of fun in Dallas

Xmas Bazaar: Audrey Hunt

Tables for our Christmas Bazaar are \$30.00. We have room for 20 tables on a first come first serve basis. You can pick up an application at ECA. Deadline is November 11. ECA members are being notified first for the tables and then to the public. This is an important fundraiser for our organization. All monies received will go into the General Fund. We do have a free ECA table and RADA will be sold on this table. Time for this event is 10-4 Date: December 14th.

Scholarship: Fund. Standing rules #7 have been "all monies received". Rule #11 added "over the \$1000 base". Linda J. made a proposal to be accepted and Ruth F. seconded.

Embroidery Machine.

There have been no members or outsiders who wish to purchase the embroidery machine who have made a monetary value acceptable to the Board therefore it has been decided to give the machine away for free. Any member who wishes to have the "Free" machine should put their name in for it and a drawing will be made. However, the bag for the machine has been once again placed on Facebook since we are looking for \$100 for the bag. No bites to date except for Patti Wells who wishes to purchase the bag for \$50. Pat Mantooth is purchasing the programs for \$5.00 each which do not go with this machine but were part of the donation. If interested in the machine you must remember it will cost \$300 plus to have the machine fixed for it currently is not working. Please notify a member of the Board if interested.

Proposal for this machine was made by Angela Nona and Ruth Ferns seconded it.

Vote was 9 yes to the proposal 2 no and 1 abstain.

Remember that \$5 or \$10 cards for the Children's Home are due at the sent meeting and can be placed in Pam Myers President Box for the state ECA project.

\$10 was being sent to the Scholarship Fund as a benevolent donation in honor of Joe Baer.

Teresa Weaver is decorating cases at the library so please help Teresa if you can and remember to view these cases when you are at the library.

Checks are now being handled differently. Checks are being held until the deadline date. If class is cancelled then your original check will be returned to you. This policy is to avoid having to continually makeout new checks when classes are cancelled which creates extra work and money for these checks.

Betty Willis made a suggestion that we move meetings back to all days, no nights but it was argued that new people who work during the day cannot attend these meetings so we should continue with evenings at night as planned.

Building Committee – Martha Spurrier stated that a new portable sewing machine has been donated to us in good shape.

Ceramic Room – Rita Kincaid stated that the snowbaby class went wonderfully and Y class not so well. Upcoming Christmas ornaments classes are looking good.

Marketing - Audrey Hunt gave everyone who plans on having a table for the Christmas Bazaar a package with instructions on price of tables, covers for tables, deadline for getting your money in to reserve a table. Tables are on a first come basis. Checks for tables should be included with your form. No tables will be offered to outsiders until all members have had a chance to reserve theirs first.

Pam Bryson reported that dirty hand towels have been left in the kitchen, salads left in the refrigerator, and some rotted items. Please clean out the refrigerator for anything that you have left there that is no good.

Bell Heights Club – dissolving.

Martha Spurrier – The Lucille Tatum Club will be rejoining and will be meeting 4 times a year.

Baby Quilt Workshop – This will be held on November 8 from 2-8:00 pm. This is a Group Workshop. Please try to attend.

Santa's Workshop – 11/3 5:30-9:30 Mini classes on different items.

ECA dues are due. Dues remain at \$20.00 for the year.

First prize winners for Cultural Arts due on 10/17 into Lucille Tatum Center

Project Book in Project Room to be updated.

We have two new members: Louise Glenn and Kay Glenn. Please say hello to these ladies and welcome them to our organization.

Door prize was donated by Audrey Hunt and won by Jean Caldwell.

Meeting was adjourned by 12:00 noon.