

## EXTENSION & COMMUNITY ASSOCIATION (ECA) - GASTON COUNTY January 2020 Newsletter

### MONTHLY CLUB MEETING

*Thurs., January 2nd / 10:00am - 11:30am*

All members and guests are invited to attend this monthly member meeting. This month's program is *Everything You Need to Know about Strokes*, with a speaker from CaroMont Regional Medical Center.

### BUILDING CLOSINGS

- Wed., January 1st: New Year's Day
- Mon., January 20th: Martin Luther King, Jr. Day

### 2020 EXECUTIVE BOARD & VACANCIES

As we begin a new year, ECA recognizes the 2020 Executive Board as follows:

President - Patti Wells

President-Elect - Audrey Hunt

Secretary - Ruth Ferns

Treasurer - Angela Nona

Advisor - Pamela Myers

Committee Chairs:

Building Committee - *vacant*

Ceramic Room Committee - Rita Kincaid

Marketing Committee - *vacant*

Program Committee - Linda Jozwiakowski

Scholarship Committee - Kathie Andrews

Can you help? We still need chairpersons for the Building Committee and Marketing Committee asap - please contact Patti Wells or Pam Bryson for more information or if you can help.

### EXECUTIVE BOARD MEETING

*Thurs., January 30th / 10:00am - 11:30am*

All board members are requested to attend - please contact Patti Wells or Pam Bryson if you are unable to attend. This meeting is open to all members, but only Executive Board members can vote during this time. Also, any member who would like to have an issue discussed at the monthly meeting (February 6th) is encouraged to attend this Executive Board meeting.

## **BEL-HEIGHTS SPECIAL INTEREST GROUP**

ECA wants to recognize the many years of service provided by members of the Bel-Heights Special Interest Group. This group voted to disband this year and they will be missed. We are very pleased that Betty Willis will continue to be an ECA member!

## **LEADER AND MEMBERSHIP OF THE YEAR AWARD FORMS\**

*Submission deadline: February 28, 2020*

The applications for ECA 2019 Leader and Member of the Year are included in the newsletter and also available in the lobby of the Lucile Tatum Center. Please nominate a member who deserves these awards. Award applications should be submitted to Pam Bryson.

## **2020 DISTRICT ECA SCHOLARSHIP (\$800)**

*Submission deadline: February 1, 2020*

The District ECA scholarship application is now available at the Lucile Tatum Center. Students eligible to apply include: current high school seniors, adults, and currently enrolled college students.

## **2020 GASTON ECA SCHOLARSHIP (\$1000)**

*Submission deadline: April 4, 2020*

Gaston County ECA is pleased to be offering at least one educational scholarship in May. Students eligible to apply include: current high school seniors, adults, and currently enrolled college students. Scholarship applications are available online ([gaston.ces.ncsu.edu](http://gaston.ces.ncsu.edu)) and at the Lucile Tatum Center.

## **LOCKER CLEAN OUT**

Mark your calendars for January's annual locker clean out at the Lucile Tatum Center. Each ECA Special Interest Group is asked to report to Pam Bryson once you've completed your clean-out. If you need assistance with the cleaning process, please contact Pam Bryson. Members will work together to assist each other as needed.

## **2019 CHRISTMAS PARTY**

Thanks to everyone who was able to participate in the 2019 ECA Christmas party. Two Gaston County Commissioners attended, plus we had a great turnout of ECA members.

## **2019 HOLIDAY BAZAAR**

Congratulations to the ECA Marketing Team and members for a successful fundraiser, the Holiday Bazaar. Special kudos to Audrey Hunt, who first brought this idea to the Executive Board and lead the way! The event was held on December 14th and both ECA and participating vendors were pleased with the turnout of participants. Many thanks and appreciation to everyone who helped make this event a success.

## **BUILDING ENTRANCE REMINDERS**

- Volunteers and guests should utilize the front door entrance, which has been updated to accommodate handicap accessibility.

- The back door remains an “Employee Only” entrance. Carts are available if you need assistance in transporting items from your car to the inside of the building. Also, keeping the back door open (such as during loading/unloading cars) causes the building’s temperature to change, which is especially uncomfortable during the cooler seasons.
- Do not use the side door as an entrance - this is often an interruption to meetings and workshops being held in the multi-purpose room.

## **UPCOMING WORKSHOPS**

### **Workshop Registration Information:**

- Pre-registration including payment of registration fees is required by the registration deadline. If you have not registered by the deadline you cannot take the class. Registration form should be completed and dropped off or mailed to the Lucile Tatum Center. Note: Check only, made payable to Gaston Co. ECA - no cash is accepted.
- Refunds for participant cancellations made after the registration deadline will not be provided.
- Please note that class location, time, and fees vary with each class.
- For accommodations for persons with disabilities, contact 704.865.3291 within five business days before the event.
- Be respectful of the “Fragrance Free” Policy at the Lucile Tatum Center. Do not wear fragrances - no perfumes, scented locations, body sprays, aftershave, etc.
- Gaston County strives to ensure that people with disabilities have an equal opportunity to access its programs, services and activities. If you will require assistance to participate in a program, service or activity of Gaston County, we request that you contact our office at least 5 business days before the event.

### Scrappy Valentine's Day Tablerunner: Tuesdays, January 7th & 21st

Time: 6 - 8pm | \$12- ECA members; \$14-Non ECA members (price was wrong in Dec. newsletter)

Registration Deadline: January 3rd

Instructor: Angela Nona

Supplies Needed: large pieces of neutrals (at least 4, more better), and 4 or more red and pink fabrics. The reds and pinks should be at least 10” square.

This fun project is a raw edge layered technique. The more fabrics produce a scrappier look so if you have large scraps of neutrals, red and pinks, bring them. Perhaps you can swap some of your fabric for part of someone else’s fabric. You both get a larger selection to use in creating your tablerunner! Angela will have a few fabrics for sharing but you need to bring a minimum of 4 neutrals and 4 reds/pinks.

### Snowman Table Topper/Wallhanging: Wednesdays, January 8th & 15th

Time: 6-8:30pm | \$8 – ECA members; \$10 – Non ECA members

Registration Deadline: January 6th

Instructor: Linda Jozwiakowski

Supplies needed: fabric scissors, pins, other supplies – list available at time of registration. Some supplies will be provided by instructor.

We will learn fusing appliques for this simple project that can be a table topper or mini wallhanging.

Book Club: Mon., January 13th

Time: 6:30 – 8:30pm | Free

Registration Deadline: January 10th – contact Pamela Myers (pcmyers2013@hotmail.com)

This month's selection is *While We Were Watching Downton Abbey* by Wendy Wax. Four people gather to watch weekly episodes of Downton Abbey and forge a bond that will sustain them through some of life's hardest moments.

Day Trip: Charlotte Museum of History: Fri., January 17th

Time 10:15am – 4:00pm (ish) | \$7 – seniors; \$10 – adults

Registration Deadline: Fri., January 10th – contact Linda Jozwiakowski (704.866.7677)

We will visit the Charlotte Museum of History including the 1774 Hezekiah Alexander Home site, which is the oldest surviving house in Mecklenburg County. We will have a little time to browse on our own, then take the noon guided tour of the museum. Be sure to eat breakfast before we meet at the Lucile Tatum Center since we will stop for a late lunch (dutch treat) after the tour.

Painting Workshop: Walking in the Rain: Thurs., January 23rd

Time: 5:30pm – 9:00pm | \$5 – ECA members; \$7 – non-ECA members

Registration Deadline: January 20th                      Instructor: Pamela Myers

Paint a pretty scene – take a walk through the park with your umbrella. Supplies to bring: paint brushes, good paper towels, water container, and a 11x14 or 16x20 canvas. Paint will be provided.

Valentine Treats: Mon., January 27th

Time: 1:30 – 3:30pm | \$7 – ECA members; \$9 – non-ECA members

Registration Deadline: January 21st                      Instructor: Diane Smith

Supplies needed: glue gun, glue sticks (if you have them); one small bag of Hershey's kisses, one small bag of Hershey's miniature bars, plus a crisp dollar bill.

If you like to share a little gift with friends and children on Valentine's Day, you will love the small gifts you will learn to make during this workshop! The instructor helps you create several small gifts to share with your friends – simple enough to go home and make more of them. Instructor has labels, poems, and tags for some to make...each idea even more special. In addition, she will have samples of other clever ideas that you can create on your own.

## **FRIENDLY ECA REMINDERS**

### **2020 HOLIDAY CLOSINGS**

Please mark your calendars with the following Lucile Tatum closings:

|                  |                     |                   |
|------------------|---------------------|-------------------|
| New Year's Day   | January 1           | Wednesday         |
| MLK Birthday     | January 20          | Monday            |
| Good Friday      | April 10            | Friday            |
| Memorial Day     | May 25              | Monday            |
| Independence Day | July 3              | Friday            |
| Labor Day        | September 7         | Monday            |
| Veterans Day     | November 11         | Wednesday         |
| Thanksgiving     | November 26 & 27    | Thursday & Friday |
| Christmas        | December 23, 24, 25 | Wed - Thurs - Fr  |

### **NEWSLETTER INFORMATION DEADLINE**

The deadline to submit items for the monthly newsletter is the 10th of the month. If the 10th falls on a weekend the information is due before the 10th. Information received after the 10th will be included in the following month's newsletter.

### **FEELING UNDER THE WEATHER? PLEASE STAY AT HOME**

For the health of ECA members, staff, and visitors please stay home when you are sick or not feeling well.

### **INCLEMENT WEATHER POLICY**

All ECA club meetings, lifestyle classes or any other ECA activity scheduled at the Lucile Tatum Center will follow the Gaston Co. School system cancellation schedule for all activities, workshops, etc. as follows:

1. During school cancellation: If the school system is closed during inclement weather, all ECA meetings, classes and activities will be cancelled.
2. During school delays: If the school system is on a delayed schedule, ECA activities not affected by the delay will continue as scheduled. If the ECA activity is scheduled prior to the beginning of the delayed school schedule - these events will be cancelled.
3. When ECA activities are cancelled, it is the ECA President's responsibility to notify members of the cancellation. The ECA Liaison will be responsible for working with program instructors to ensure that all participants are notified of delays/cancellations.

### **FRAGRANCE POLICY**

For the health and comfort of our staff and volunteers, we strive to be as fragrance-free as possible. Please do not wear fragrances - no perfumes, scented locations, body sprays, aftershave, etc. This policy includes all business hours, after-hours and weekends.

## **DAILY HOUSEKEEPING SCHEDULE**

The Lucile Tatum Center is closed daily from 12:00 - 1:00pm for servicing by cleaning personnel. Please do not ask the cleaning staff to stay in the building they do not have authorization to permit this. You must ask Pam Bryson at least a week in advance for permission to stay in the building during lunch - this will only be allowed for County functions or meetings.

## **SUNSHINE VOLUNTEER**

Many thanks to Betty Agerton, who has agreed to send cards to ECA members who are sick, hospitalized, or experienced the loss of a loved one. Please let Betty know if any members who are in your special interest group have the need for a card. We would appreciate it if only one person from your group would contact Betty. If the ECA member is not part of a special interest group, please let Pam Bryson or Patti Wells know.

## **NC ECA STATE INFORMATION BOOK**

There is a red book in the project room that has all the information about the NCECA included: bylaws, standing rules, current year book, general information/forms, and cultural arts/forms. This book is for reviewing at the Lucile Tatum Center - please do not remove.

## **MONTHLY MEETING SCHEDULE**

- January, February, March, October, & November: first Thursday - 10:00am
- April, May, June, August & September: first Thursday - 6:30pm
- No meeting in July
- Christmas Party in December

## **ECA SPECIAL INTEREST GROUPS**

1. Creative Needlers – Wednesdays, 6 - 8pm @ Lucile Tatum Center (except the last Wednesday of the month); Warm Up America - Last Wednesday of the month, 6 - 8pm (contact: Ruth Ferns)
2. Lucile Tatum – Four meetings to be announced (contact: Martha Spurrier)
3. Martha Goebel - 1st Tuesday, 10:00am (contact: Mary Upton)
4. Quiltmakers - 3rd Thursday, 6:30pm (contact: Linda Jozwiakowski)
5. Scrappers Unlimited - 3rd Saturday, 10:00am - 12:00pm & 2:00pm - 6:00pm (contact: Sheri Vance)

## **ECA 2020 PROJECTS**

- The following projects are ongoing and supported by all ECA clubs:
- Ronald McDonald House: collection of drink tabs (contact: Pam Bryson, ECA Liaison)
- Gaston County Schools: collecting Campbell soup labels and education labels from food containers (contact: Pam Bryson, ECA Liaison)
- First Baptist Mission Trips: collecting eyeglasses (contact: Martha Spurrier)
- Pennies for Friendship: supports Association of Country World Women (contact: Teresa Weaver)

- Baby Quilts & Baby Caps: making quilts and caps for infants in the neonatal intensive unit at CaroMont Regional Medical Center (contact: Gloria Snyder)
- Surgical Pillows: sewing pillows for surgical patients of CaroMont Regional Medical Center
- Operation Gratitude: knitting/crocheting scarves for the military (contact: Carol Dillinger)
- Shirt Savers for Holy Angels: making shirt savers for residents – cloth/supplies purchased by Holy Angels (contact: Martha Spurrier)
- Farmers Market Activities: local food demos provided onsite at the Gastonia Farmers' Market from May through September (contact: Linda Jozwiakowski)
- Women's House for Habitat for Humanity
- Catherine's House: collect supplies needed

### **GASTON CO. ECA EXECUTIVE BOARD 2019**

President - Patti Wells      President-Elect - Audrey Hunt      Secretary - Ruth Ferns  
Treasurer - Angela Nona      Advisor - Pamela Myers

#### **Committee Chairs:**

- Building Committee - vacant
- Ceramic Room Committee - Rita Kincaid
- Marketing Committee - vacant
- Program Committee - Linda Jozwiakowski
- Scholarship Committee - Kathie Andrews

### **LUCILE TATUM CENTER**

Location & Mailing Address: 959 Osceola St., Gastonia, NC 28054

Office Hours: Monday - Friday | 8:30am - 5pm (closed daily from 12-1pm)

For More Information: Pam Bryson - Gaston County ECA Liaison  
Phone: 704.865.3291      Email: [pam.bryson@gastongov.com](mailto:pam.bryson@gastongov.com)

### **NC COOPERATIVE EXTENSION**

Mailing Address: PO Box 1578, Gastonia, NC 28053

Physical Address: Citizens Resource Center, 1303 Dallas-Cherryville Hwy., Dallas, NC

Office Hours: Monday - Friday | 8am - 5pm

For More Information:  
Phone: 704.922.2111      Website: [gaston.ces.ncsu.edu](http://gaston.ces.ncsu.edu)  
NC Cooperative extension website: [go.ncsu.edu/nceca](http://go.ncsu.edu/nceca)

#### **FOLLOW US ON FACEBOOK:**

@gastoneca (Gaston Co. ECA)  
@ExtensionHealthyLiving (NC Cooperative Extension: Nutrition & Wellness Programs)  
@GastonExtension (NC Cooperative Extension)

## OUTSTANDING ECA LEADER APPLICATION

The selection of Outstanding Extension and Community Association Leader is based on the individual's ECA activities as an officer and/or chair of a committee for the 2019 year (Dec. 1 Through Nov. 30<sup>th</sup>). The individual should have served in a leadership role, such as an officer and/or committee chair at the special interest group or county level. Any member may nominate an active member for Outstanding ECA Leader. THIS IS NOT DESIGNED FOR SELF-NOMINATION. We realize you may not have all the information but please put the information you have. All information will be considered.

**Please attach additional pages and number each item clearly. Please print.**

Name \_\_\_\_\_

Name of member Nominating individual for this award\_\_\_\_\_

1. Why do you consider your nominee to be an outstanding leader?
2. List all ECA offices held, committees chaired, or leadership roles in projects this year that you are aware of.
3. List ECA activities your nominee was involved in without having a leadership role.
4. What difference do you think this person's contributions made?



## OUTSTANDING ECA MEMBER APPLICATION

The selection of Outstanding Extension and Community Association Member is based on the individual's ECA activities as member (not in a leadership role) for the 2019 year (Dec. 1 Through Nov. 30<sup>th</sup>). The individual should have served in a role, such as an contact person and/or committee chair at the special interest group or county level. Any member may nominate an active member for Outstanding ECA Member. THIS IS NOT DESIGNED FOR SELF-NOMINATION. We realize you may not have all the information but please put the information you have. All information will be considered.

**Please attach additional pages and number each item clearly. Please print.**

Name \_\_\_\_\_

Name of member nominating individual for this award \_\_\_\_\_

1. Why do you consider this person to be an outstanding ECA member?

2. What difference do you think this person's contributions made?

3. List all projects and activities this person has worked on that you are aware of.