





# The 6th Annual VAL FAMILY FUN

Saturday, October 3, 2020

~ Pumpkin Contest Details ~

Somethin Pumpkin is a family-fun event that encourages connecting to local agriculture through activities centered around one of fall's favorites - pumpkin. From growing, cooking, and decorating, Somethin' Pumpkin has "somethin' for everyone".

- Cooking Contest both youth and adults can enter their pumpkin creations for the chance to win cash prizes (\$200 grand prize) in a range of categories including main courses, desserts, and dishes made with homegrown pumpkins. Contest registration deadline and rules apply.
- **Pumpkin Decorating Contest** both youth and families can pick up a pumpkin from participating libraries and join in the decorating fun! Enter for a chance to win prizes provided by Gaston County Library. Contest registration deadline and rules apply.

## **THANKS TO OUR PARTNERS & SPONSORS:**











Ford's Seed Store



























# 6th Annual Somethin' Pumpkin Cooking Contest Sat., October 3, 2020

## **WINNERS RECEIVE CASH PRIZES!**



# GRAND PRIZE: \$200 for overall contest winner!

# CATEGORY PRIZES 1st Prize - \$100 2nd Prize - \$50 3rd Prize - \$25

## For More Info:

Linda J. Minges, MPH, RDN, LDN NC Cooperative Extension 704.922.2127 linda\_minges@ncsu.edu

Online: gaston.ces.ncsu.edu Follow on Facebook: @GastonExtensionHealthyLiving

For accommodations for persons with disabilities, contact 704.922.2127 within 5 business days of event.



### CATEGORIES

- MAIN DISH\* soups, salads, sandwiches, casseroles
- **DESSERTS\*** cakes, breads, cookies, pastries, & tarts
- MISCELLANEOUS\* beverages, appetizers, low-calorie, etc.
- HOME GROWN all ages & all entries made with your own home-grown pumpkin
- YOUTH (AGES 8 12) Main Dish & Miscellaneous
- YOUTH (AGES 8 12) Desserts
- YOUTH (AGES 13 18) Main Dish & Miscellaneous
- YOUTH (AGES 13 18) Desserts

\*Adult only (ages 19 and older) categories.

## **Schedule of Events**

9:00am - 10:00am Entry Drop-off \*

12:00pm - 12:30pm Online Awards Presentation

\*Based on current COVID-19 restrictions, several drop-off locations will be held. Details provided to contestants closer to event date.

See Contest Rules on Next Page.

## 2020 COOKING CONTEST RULES/INFO

- 1. Each entry must have first and last name of individual, address, phone number, email, and category of recipe. Entry forms and recipes are due by Friday, September 4th. Please be aware that recipe entries cannot be changed after the registration deadline.
- 2. Registration options:
  - a. Online: https://somethinpumpkin2020.eventbrite.com
  - b. Email: email copy of registration form and recipe to linda minges@ncsu.edu
  - c. US mail: mail registration form and recipe to: NC Cooperative Extension, Attn: Somethin' Pumpkin Cooking Contest, PO Box 1578, Gastonia, NC 28053
  - d. Fax: fax registration form and recipe to: 704.922.2140
- 3. Recipes submitted must feature significant amounts of pumpkin and have a distinctive pumpkin flavor. Due to food safety concerns, no home-canned pumpkin is allowed to be used in recipes. Recipes can include: fresh pumpkin, commercially canned pumpkin, or frozen pumpkin.
- 4. Each person can enter only one recipe per category. Youth may participate in the Youth Category and Home Grown Category.
- 5. Judging will be based on Taste (40%), Originality (30%), Appearance (20%), and Texture (10%). The decision of judges will be final.
- 6. All entries are showcased at room temperature. Entries will not be refrigerated, heated, or held on ice after registration drop-off.
- 7. Contestants must use inexpensive, disposable storage containers for all entries as listed below:
  - Main dishes and casseroles: should be placed in a disposable container, such as aluminum baking pans or all-in-one pans designed for preparing, baking, and storing (such as Glad® OvenWare or other brands).
  - Baked goods (i.e., cakes, breads, cookies): should be placed on a sturdy disposable plate, sheet of cardboard, plastic platter, etc., and fully wrapped or boxed.
  - Soups, salads, stews, and dips: should be placed in a sturdy disposable container. For items that are warm, please use heat-resistant containers.
  - All dishes need to come "display ready" you will not be able to set up your own dish/display.
- 8. Contestants do not need to provide serving utensils.
- 9. Quantity to submit for various foods:

Yeast Breads & Quick Breads - mini loaf or 4 rolls Cakes - 1 mini loaf or 4 slices Cookies - 4 individual cookies Biscuits - 4 individual biscuits Soups & Salads - one quart or 4 cups

Cupcakes - 4 individual cupcakes Candies - 4 pieces Entrees - 4 x 4-inch container or 2 cups

- 10. Contestants are to bring the prepared dish to the designated drop-off location between 9 10AM, Saturday, October 3rd. Full details about drop-off will be provided to contestants upon receipt of entry form. Due to COVID restrictions, various drop-off locations will be used as needed including: Citizens Resource Center (Dallas); Main Branch Library (Gastonia); and Lucile Tatum Center (Gastonia). Contestants will not be allowed to enter the set-up area where judging is held.
- 11. All food entries become the property of NC Cooperative Extension and will not be returned to you at the end of the event.
- 12. Winners will be announced on Saturday, October 3rd at the online Awards Presentation (12:00 -12:30pm). Checks will be mailed to winners.
- 13. Prizes will be awarded in each category as follows: first prize \$100; second prize \$50; third prize \$25. A grand prize of \$200 will be awarded to the overall contest winner.
- 14. The NC Cooperative Extension has the right to use the recipes at its discretion. Recipes will be posted on NC Cooperative Extension's website (www.gaston.ncsu.edu) between October 19th - 30th.
- 15. This contest is intended for amateur cooks only. Professional chefs or those who earn a significant portion of their income from cooking may not enter the contest.
- 16. Employees of NC Cooperative Extension and Farm Bureau are ineligible to participate in the Somethin' Pumpkin Cooking Contest.