Gaston County



4-H FORECAST

VOLUNTEER **OPPORTUNITIES!**

Volunteer to be a judge at County Activity Day on May 11 or District Activity Day on June 17.

Volunteer to assist with 4-H Super Summer. Volunteer for individual workshops or for the whole summer!

Training is provided for all opportunities!



Join us July 9-14 for a week filled with swimming, canoeing, horseback riding, campfires, arts and crafts, target sports and FUN!

For more information or to register, contact Christie German at clgerman@ncsu.edu or 704-922-2126. Space is limited & Scholarships are available!



4-H Super Summer 🍀

Run for a Leadership Position with

the State 4-H!

Applications for the State 4-H

Officers are due by May 26!

For more information visit https://

nc4h.ces.ncsu.edu/youth-3/4-h-

teen-programs/state-council/ or

contact Christie German at

clgerman@ncsu.edu.

Blazing Saddles Horse Club: First & Third Thursday- 7 pm

Herd Handlers Club: Second Thursday- 6:30 pm

Meetings

All clubs meet at the Citizen's Resource Center in Dallas, NC.

4-H Super Summer

The Gaston County 4-H Super Summer Information is now available! Visit https://gaston.ces.ncsu.edu/summer-2023/ for more information. To participate in a Super Summer Workshop, sign up on 4-HOnline.

Workshops are filling up quickly so register now to secure your spot.

Thank you Blazing Saddles for leading a Summer Workshop! If you are interested in leading a Summer Workshop in 2024, contact Christie German at clgerman@ncsu.edu.

IMPORTANT DATES

May 4– CAD Registration Deadline

May 11– County Activity Day (6:00pm)

May 26- State 4-H Officer Applications Due

May 29– CRC closed for Holiday

June 1– August 4– 4-H Super Summer Programs

June 17– District Activity Day (Rowan Co)

June 21-22- Citizenship NC Focus

July 9-14– Gaston Co. Camp Week at Millstone

July 11-14– Electric Congress

July 22– State Presentations

July 22-25–4-H Congress

August-Youth Voice

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May 2023



4-H FORECAST

ARE YOU READY FOR COUNTY ACTIVITY DAY?

The Gaston County Activity Day will be held on Thursday, May 11 starting at 6:00 pm. You must register to attend on 4-HOnline by May 4th!



Preparation

Be sure to be familiar with the rules and guidelines for your topic such as time limit and restricted items.

Enthusiasm

Show enthusiasm for your topic. Look like you enjoy what you're presenting (others will too). Weave a personal experience into your presentation where appropriate.



Self Care

Get a good nights sleep and eat a healthy meal before your presentation.

Materials

Get to know all materials you plan to use well! Have your presentation saved on a flash drive. Label the backs of posters, books, etc. that you'll want to reference during your presentation.





Make your voice appropriately loud and speak clearly.

Voice

Practice

Practice your presentation multiple times so you do not need to read directly from your notes. Practice having good eye contact and not speaking too quickly/slowly. Be sure to stand tall!



Questions? Contact Christie German at clgerman@ncsu.edu or 704-922-2126

County Activity Day will be held at the Citizen's Resource Center on Thursday, May 11 at 6pm. There will be a sign in sheet for youth to sign in. This sheet will also determine the order of the presentations.

Any digital presentation media will need to be saved on a USB flash drive. We will <u>not</u> have internet access.

A laptop, projector, table, table-top easel, and a floor easel will be available for anyone to use.



Club Kit Available

Gaston County 4-H now has a club kit that any club may request to use. The kit contains a gavel with sounding block, a tabletop US and 4-H flag, pledge

and motto banners, and a binder with the club meeting guidebook and officer handbook.

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