

4-H FORECAST

ARE YOU READY FOR COUNTY ACTIVITY DAY?

The Gaston County Activity Day will be held on Thursday, May 11 starting at 6:00 pm. You must register to attend on 4-HOnline by May 4th!



Preparation

Be sure to be familiar with the rules and guidelines for your topic such as time limit and restricted items.

Enthusiasm

Show enthusiasm for your topic. Look like you enjoy what you're presenting (others will too). Weave a personal experience into your presentation where appropriate.



Self Care

Get a good nights sleep and eat a healthy meal before your presentation.



Materials

Get to know all materials you plan to use well! Have your presentation saved on a flash drive. Label the backs of posters, books, etc. that you'll want to reference during your presentation.



Voice

Make your voice appropriately loud and speak clearly.



Practice

Practice your presentation multiple times so you do not need to read directly from your notes. Practice having good eye contact and not speaking too quickly/slowly. Be sure to stand tall!



Questions? Contact Christie German at clgerman@ncsu.edu or 704-922-2126

County Activity Day will be held at the Citizen's Resource Center on Thursday, May 11 at 6pm. There will be a sign in sheet for youth to sign in. This sheet will also determine the order of the presentations.

Any digital presentation media will need to be saved on a USB flash drive. We will not have internet access.

A laptop, projector, table, table-top easel, and a floor easel will be available for anyone to use.

Club Kit Available



Gaston County 4-H now has a club kit that any club may request to use. The kit contains a gavel with sounding block, a tabletop US and 4-H flag, pledge and motto banners, and a binder with the club meeting guidebook and officer handbook.

For more information: Contact Christie German at clgerman@ncsu.edu or 704-922-2126



4-H CITIZENSHIP NORTH CAROLINA FOCUS

JOIN FRIENDS FROM ACROSS THE STATE AS WE EXPLORE YOUTH ADVOCACY AND GOVERNMENT.



SAVE THE DATE
JUNE 21-22, 2023

OPEN TO NC 4-H'ERS 13-18
SPACE IS LIMITED
FOR MORE INFORMATION CONTACT YOUR 4-H AGENT!